

		COMMUNITY SERVICES - LOW OR NO FEE		
CHILD ABUSE:	DEPT. OF CHILDREN & FAMILY SERVICES	1-800-540-4000	To report child abuse	Toll Free Number
COUNSELING	BCHD CHILDREN'S PROGRAM THE GATHERING PLACE JEWISH FAMILY SERVICE 1736 FAMILY CRISIS CENTER SOUTH BAY CENTER FOR COUNSELING SOUTH BAY YOUTH PROJECT	(310) 318-7939 (310) 374-6323 (310) 373-0321 (310) 792-5900x310 (310) 414-2090 (310) 372-7724	Counseling for children through age 12 and their families Bereavement support groups, info & referral Individuals, couples, families, children & groups All ages Individuals, couples, families, children & groups Counseling for children, adolescents & adults	Co-Pay Donation Sl/Scale & Ins. No Cost Sliding Scale Co-Pay
DOMESTIC VIOLENCE	CAVA JEWISH FAMILY SERVICE 1736 FAMILY CRISIS CENTER SOUTH BAY YOUTH PROJECT	(310) 937-1977 (310) 373-0321 (310) 370-5902 (310) 372-7724	Info & referrals to shelters; counseling & legal Info & referrals; shelter; individual counseling & groups Shelter services for victims of domestic violence Support groups and individual counseling	No Cost Sl/Scale & Ins. No Cost Co-Pay
ELDER ABUSE	ADULT PROTECTIVE SERVICES SOUTH BAY FAMILY HEALTHCARE CENTER	1-877-477-3646 (310) 318-2521x221	To report elder abuse Counseling for HIV/AIDS infected and affected	Toll Free Number No Cost
MEDICAL/DENTAL	BCHD CHILDREN'S PROGRAM HARBOR-UCLA MEDICAL CENTER SOUTH BAY FAMILY HEALTHCARE CENTER	(310) 318-7939 (310) 222-2345 (310) 802-6170	Medical/dental services for children; adult medical Emergency medical & psychiatric services Primary & pediatric medical services; general dental	Co-Pay Ability to Pay Sliding Scale
OLDER AND/OR DISABLED ADULTS	BCHD COMMUNITY CARE SERVICES JEWISH FAMILY SERVICE	(310) 374-3426x144 (310) 373-0321	Care management, peer counseling & support groups Care management, counseling & support groups	Co-Pay for Some Services
PARENTING CLASSES	JEWISH FAMILY SERVICE NCADD (NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY) PARENT EDUCATION NETWORK SOUTH BAY CENTER FOR COUNSELING SOUTH BAY YOUTH PROJECT	(310) 373-0321 (310) 328-1460 (310) 374-3426x185 (310) 414-2090 (310) 372-7724	Info and referral and parenting groups Parenting classes (court approved) (also in Spanish) Referrals to parent education classes Parenting classes and groups (court approved) Parenting classes and groups	No Cost Sliding Scale No Cost Sliding Scale Co-Pay
PREGNANCY & BIRTH CONTROL	BCHD CHILDREN'S PROGRAM SOUTH BAY FAMILY HEALTHCARE CENTER	(310) 318-7939 (310) 802-6170	Information & referrals to prenatal services Prenatal care and family planning	No Cost Sliding Scale
PSYCHIATRIC	COASTAL ASIAN-PACIFIC MENTAL HEALTH CTR. HARBOR-UCLA MEDICAL CENTER SOUTH BAY MENTAL HEALTH CLINIC MENTAL HEALTH URGENT CARE CENTER	(310) 217-7312 (310) 222-3151 (323) 241-6730 (562) 790-1860	Psychiatric assessment and services Psychiatric assessment and services Psychiatric assessment and services Non-emergency urgent psychiatric services	Medicare, Medi-Cal and Ability to Pay No Cost
RUNAWAY/HOMELESS YOUTH	1736 FAMILY CRISIS CENTER	(310) 379-3620	Shelter services for runaway and homeless youth	No Cost
SUBSTANCE ABUSE	NCADD (NATIONAL COUNCIL ON ALCOHOL & DRUG DEPENDENCY) SOUTH BAY CENTER FOR COUNSELING	(310) 328-1460 (310) 414-2090	Outpatient counseling & referrals to other Programs Group Teen Recovery Intervention Program (TRIP)	Free or Sl/Scale Sliding Scale
SUICIDE HOTLINE	SUICIDE PREVENTION CENTER	(877) 727-4747	Trained counselors available 24 hrs 7 days week	Toll Free Number
SUPPORT GROUPS	THE GATHERING PLACE JEWISH FAMILY SERVICE SELF HELP & RECOVERY EXCHANGE (SHARE) SOUTH BAY CENTER FOR COUNSELING SOUTH BAY YOUTH PROJECT THE WELLNESS COMMUNITY	(310) 374-6323 (310) 373-0321 (877) 742-7349 (310) 414-2090 (310) 372-7724 (310) 376-3550	Bereavement support groups, info and referral Call for information Info & referrals to self-help groups Call for information Parent support group For people with cancer and their families	Donation Free or Sl/Scale No Cost Sliding Scale Donation No Cost

Courtesy of the Mental Health Coalition of the South Bay (374-3426) 6/30/05